



Learning for Life: mDAWN Kids Cover Letter for Consent

Thank you for your engagement and for using the Learning for Life Toolkit over this past school year! We are excited to continue to build and improve the tools, and want your feedback to make them better!

This new phase to improve and build on the toolkit is called Learning for Life: mDAWN Kids (full grant title: mobile Digital-health for Activity and Wellness - mDAWN Kids: Using online comics, mHealth and wearables for Type 2 Diabetes Prevention for Middle Years). This project will continue to use interactive online comic books and school-based activities to teach digital health literacy and health content in BC classrooms, and will incorporate materials on physical activity, social connectedness, and emotional development (i.e. physical activity, nutrition, and forming positive friendships) for prevention of type 2 diabetes. To develop the best version of Learning for Life: mDAWN Kids possible, we want to learn about your past experience using the existing toolkit. We would like to investigate your experiences as educators who have used the Learning for Life toolkit, as a method of improving and building on it. A survey will be used to collect your ideas and insights to guide and inform the development of Learning for Life: mDAWN Kids. The survey will take approximately 10 minutes.

Those who participate in this study may have the opportunity to contribute to improving the delivery of digital health content in schools; and potentially access an improved version of the Learning for Life toolkit with the feedback provided through this survey. There are no known risks associated with participating in the survey. By completing the survey, you are consenting to participate in this research. Please note that participation in this survey is voluntary and you are free to refuse participation or withdraw from this study at any time without any consequences. All of the information collected will be kept confidential on a Canadian server, and any identifying information will be kept separate from responses.

If you have any questions about this survey, please contact Elizabeth Stacy, Research Coordinator, elizabeth.s@ubc.ca, 604-822-8308. If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, contact the Research Participant Complaint Line in the UBC Office of Research Ethics at 604-822-8598 or if long distance e-mail RSIL@ors.ubc.ca or call toll free 1-877-822-8598. Please note the research team does not have any conflicts of interest regarding this study.

Sincerely,

Kendall Ho, Principal Investigator,
Director, Digital Health Emergency Medicine, kendall.ho@ubc.ca, 604-822-0327

