

Monday, December 9

8:00 – 8:30

Registration

I. Broadening the Scope (Chair: Michael Krausz)

- 8:30 – 9:00 **Broadening the Scope: EMH Beyond the Usual**
Michael Krausz (Vancouver, Canada)
- 9:00 – 9:50 **Silencing Voices: Computer Assisted Therapy for Persecutory Auditory Hallucinations**
Julian Leff (London, England)
- 9:50 – 10:25 **Video Games for Health: When, Why and How**
Dwayne Hammond (Sault Ste. Marie, Canada)

10:25 – 10:45 Break (20 min)

- 10:45 – 11:20 **Bringing Therapeutic Applications of Virtual Reality into Uncharted Territories: The Cases of Social Anxiety, OCD and GAD**
Stephane Bouchard (Gatineau, Canada)
- 9:30 – 10:05 **The BiQoL Project: Using Integrated-KT Methods to Develop a Web-Based Quality of Life Assessment in Bipolar Disorder**
Erin Michalak & Sally McBride (Vancouver, Canada)

11:55 – 1:15 Lunch (80 min)

Student Forum on Virtual Reality
(led by Claudie Loranger, start at 12:15)

II. The Earlier the Better (Chair: Stephane Bouchard)

- 1:15 – 1:50 **Inspiration or Impairment: Computer Use and its Influence on Childhood and Adolescents' Development**
Don Krug (Vancouver, Canada)
- 1:50 – 2:25 **MindCheck.ca: Reaching Youth and Young Adults through Innovation**
Connie Coniglio (Vancouver, Canada)
- 2:25 – 3:00 **Usage of Social Media and Smartphone Application in Assessment of Physical and Psychological Well-being in Individuals in Times of Major Air Pollution Crisis**
Roger Ho and Melvyn Zhang (Singapore, Singapore)

3:00 – 3:20 Break (20 min)

- 3:20 – 3:55 **Schools as a Starting Point for Early Detection and Intervention**
Chris Richardson (Vancouver, Canada)
- 3:55 – 4:30 **Balancing Risk and Side Effects of New Tools from a User Perspective**
Elizabeth Borycki (Victoria, Canada)

4:30 **End of Day One**

Tuesday, December 10

8:00 – 8:30

Registration

III. Integrating Needs (Chair: Kendall Ho)

- 8:30 – 9:30 **Youth Impact: WalkAlong for Youth with Mood Challenges—Beta Version Launch**
Michael Krausz (Vancouver, Canada)
- 11:20 – 11:55 **DrugCocktails.ca Website: Facts For Youth About Mixing Medicine, Booze and Street Drugs**
Dean Elbe and Sabrina Gill (Vancouver, Canada)

10:05 – 10:25 Break (20 min)

- 10:25 – 11:25 **E-Couch: From Information Sharing to a Virtual Clinic**
Kathleen Griffiths (Canberra, Australia)
- 11:25 – 12:25 **Podium on the Future of E-Mental Health Research and Development**
Kathleen Griffiths, Kendall Ho, Lakshmi Yatham, Heather Hadjistavropoulos, User with experience

12:25 – 1:35 Lunch (70 min)

Roundtable discussion with the Mental Health Commission of Canada (*tentative*)

IV. Making it Possible (Chair: Lakshmi Yatham)

- 1:35 – 2:10 **Co-creation with TickiT: Design and Evaluation of a Clinical eHealth Platform**
Daniel Penn (Vancouver, Canada)
- 2:10 – 2:45 **Experiences from Australia**
Kathleen Griffiths (Canberra, Australia)

2:45 – 3:05 Break (20 min)

- 3:05 – 3:40 **From Research to Clinical Practice: Bringing Internet Cognitive Behaviour Therapy to Saskatchewan**
Heather Hadjistavropoulos (Regina, Canada)
- 3:40 – 4:15 **Health E-Apps: Engaging the Public in Mobile Health for Wellness**
Kendall Ho (Vancouver, Canada)

4:15 **End of Day Two**